

Allergen Chart

Week 2

Dish	Gluten	Crustacians	Eggs	Fish	Peanuts	Nuts	Soybeans	Milk	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Puff Pastry Pizza Pinwheel	Yes							Yes						
Katsu Chicken Curry	Yes						Yes							
Quorn Katsu Curry	Yes						Yes							
Cottage Pie	Yes						Yes							
Vegetarian Cottage Pie							Yes		Yes	Yes				
Pork Sausages	Yes											Yes		
Plant Based Sausage	Yes													
Gravy														
Creamy Carbonara	Yes							Yes						
Vegetarian Carbonara	Yes							Yes						
Baby Potatoes														
Creamy Mashed Potato														
Steamed Rice														
All Vegetables														
Apple Crumble	Yes													
Blueberry Muffins	Yes		Yes											
Syrup Sponge	Yes		Yes											
Sticky Toffee Pudding	Yes		Yes					Yes						
Smartie Cookie	Yes							Yes						
Custard			May				May	Yes		May				
Fresh Fruit														
Yoghurt								Yes						
Cloeslaw			Yes							Yes				

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	Gluten	Crustaceans	Eggs	Fish	Peanuts	Nuts	Soyabeans	Milk	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Tuna				Yes										
Boiled Egg			Yes											
Croutons			Yes			May	May	May						
Bread and Butter	Yes						Yes							