

# Allergen Chart

Week 3

Dish	Gluten	Crustaceans	Eggs	Fish	Peanuts	Nuts	Soyabeans	Milk	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Macaroni Cheese	Yes							Yes						
Tomato & Basil Pasta	Yes													
Pork Sausage	Yes											Yes		
Plant Based Sausage	Yes													
Chicken Fajitas	Yes													
Vegetable Fajitas	Yes													
Lasagne Al Forno	Yes							Yes						
Vegetable Lasagne	Yes							Yes	Yes					
Breaded Goujons	Yes		Yes											
Vegetable Nuggets	Yes													
Cheddar Mashed Potato								Yes						
Vegetable Savoury Rice									Yes					
Oven Baked Wedges														
Baked Beans														
All vegetables														
All Vegetables														
Flapjack	Yes													
Carrot Cake	Yes		Yes					Yes						
Chocolate Tiramisu	Yes		Yes					Yes						
Lemon Curd Sponge	Yes		Yes											
Fruit Jelly														
Custard								Yes						
Fresh Fruit														
Yoghurt								Yes						

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Coleslaw			Yes							Yes				
Tuna				Yes										
Boiled Egg			Yes											
Croutons	Yes							May						
Bread And Butter	Yes						Yes							